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Entrepreneurland Self Reflection: Abundance Mindset

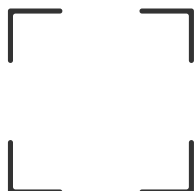
An abundance mindset embraces the belief that there are ample resources and opportunities for everyone, fostering collaboration and positivity. In contrast, a scarcity mindset fixates on limitations and competition, leading to fear, hoarding, and anxiety. Successful entrepreneurs cultivate an abundance mindset. How can you strengthen yours?

Has there ever been a time when you felt the need to gatekeep/hoard something?

Do you possess the unwavering belief in yourself that life is abundant and that whatever you do, you will be successful (not without tuition) because of your character? If not, how can you change that?

Reflect on a time when limiting beliefs like fear of failure, comparison, perfectionism, or catastrophizing held you back. How did these thoughts affect your actions, and what could you have done differently to overcome them?

Do you feel as though you have surrounded yourself with a community with a scarcity mindset or an abundance mindset? How can you put yourself in abundance neighborhoods?



Scan the QR code to refer to chapter 8 of "Once Upon A Time In Entrepreneurland" by Steve Distanto for more info